
COMPENDIO TECNICAS ATAQUES DIRECTOS

- ❖ OI TSUKI
- ❖ GYAKU TSUKI
- ❖ KIZAMI TSUKI
- ❖ MAE TSUKI
- ❖ KAGE TSUKI
- ❖ AGE TSUKI
- ❖ YOKO TSUKI
- ❖ TATE TSUKI
- ❖ URA TSUKI
- ❖ USHIRO TSUKI
- ❖ MAWASHI TSUKI
- ❖ MOROTE TSUKI
 - HEIKO TSUKI
 - AWASE TSUKI
 - YAMA TSUKI
 - HASAMI TSUKI
- ❖ NUKI TE
 - YOHON NUKITE
 - NIHON NUKITE
 - IPPON NUKITE
 - OYAYUBI IPPON NUKITE
- ❖ FORMAS DEL PUÑOS
 - SEIKEN
 - URAKEN
 - IPPONKEN
 - NAKADAKA KEN

